

# The High School Leckhampton

## Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Vegetable Enchiladas</b> Wrap contains: gluten ***</p> <p><b>Soup &amp; Toastie</b> Toastie Contains: gluten Gluten free toastie contains: eggs ***</p> <p><b>Lightly Spiced potato wedges</b></p> <p><b>Sweetcorn</b> ***</p> <p><b>Cheese &amp; Tomato pasta bake</b> Contains: gluten, milk ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Chocolate Chip Cheesecake</b> Contains: Gluten, egg, milk</p>	<p><b>Cottage Pie</b> Contains: milk ***</p> <p><b>Quorn Cottage Pie</b> Contains: milk, egg ***</p> <p><b>Broccoli</b> ***</p> <p><b>Roasted vegetable pasta</b> Contains: gluten ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Lemon drizzle cake</b> Contains: gluten, egg, milk</p>	<p><b>Roast Chicken &amp; stuffing</b> Stuffing contains: gluten ***</p> <p><b>Roast Potatoes</b></p> <p><b>Seasonal Vegetables</b> ***</p> <p><b>Sundried tomato, feta &amp; black olive pasta</b> Contains: Gluten, Cheese, milk ***</p> <p><b>Jacket potato with a choice of fillings</b> *****</p> <p><b>Apple crumble &amp; custard</b> Crumble contains: Gluten Custard contains milk</p>	<p><b>Chicken Curry</b> Trace of peanuts ***</p> <p><b>Vegetable Curry</b> Trace of peanuts ***</p> <p><b>Basmati Rice</b></p> <p><b>Naan bread</b> Naan contains: gluten ***</p> <p><b>Tuna Pasta Bake</b> Contains: gluten, milk &amp; fish ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Pineapple upside down cake</b> Contains: Eggs, gluten, milk</p>	<p><b>Battered Fish</b> Contains: Gluten, fish Gluten free fish fingers available ***</p> <p><b>Quorn hot dog</b> Frankfurter contains: egg Roll contains: gluten Gluten free rolls available ***</p> <p><b>Tomato &amp; basil Pasta</b> Contains: gluten ***</p> <p><b>Jacket potato with a choice of filling</b> ***</p> <p><b>Chips</b></p> <p><b>Peas</b></p> <p><b>Baked beans</b></p> <p><b>Ice Cream</b> Contains: milk *****</p>

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## Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Vegetarian Meatballs</b> Contains: Gluten ***</p> <p><b>Potato skins</b> Contains: milk, cheese ***</p> <p><b>Stuffed pepper</b> Cous cous contains: gluten, may contain trace of mustard &amp; soybean Contains: cheese, milk ***</p> <p><b>Cheese &amp; tomato pasta bake</b> Contains: gluten, milk ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Banoffee Pie</b> Contains: milk, egg, gluten</p>	<p><b>Chilli con carne</b> ***</p> <p><b>5 Bean Chilli</b> ***</p> <p><b>Basmati Rice</b></p> <p><b>Tortilla chips</b> Chips contain: gluten ***</p> <p><b>Roasted vegetable Pasta</b> Contains: gluten ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Banana &amp; chocolate chip sponge</b> Contains: egg, milk, gluten</p>	<p><b>Roast Pork &amp; Yorkshire pudding</b> Yorkshire contains: gluten, milk ***</p> <p><b>Pesto &amp; Mozzarella pasta</b> Contains: milk &amp; gluten ***</p> <p><b>Roast potatoes</b></p> <p><b>Seasonal vegetables</b> ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Summer berry crumble &amp; custard</b> Crumble contains: gluten Custard contains: milk</p>	<p><b>Peri Peri chicken leg</b> ***</p> <p><b>Teriyaki Tofu</b> Contains: soya ***</p> <p><b>Potato wedges</b></p> <p><b>Broccoli</b> ***</p> <p><b>Tuna pasta bake</b> Contains: gluten, milk ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Chocolate shortbread &amp; custard</b> Shortbread contains: egg, gluten Custard contains: milk</p>	<p><b>Battered Fish</b> Contains: Gluten, fish Gluten free fish fingers available ***</p> <p><b>Spicy bean burger</b> Contains: gluten ***</p> <p><b>Chips</b></p> <p><b>Peas</b></p> <p><b>Bake beans</b> ***</p> <p><b>Tomato &amp; basil Pasta</b> Contains: gluten ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Ice cream</b> Contains: milk</p>

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Vegetable Lasagna</b> Contains: gluten, milk, cheese ***</p> <p><b>Soup &amp; Toastie</b> Toastie contains: gluten Gluten free Toastie available ***</p> <p><b>Mixed salad leaves</b></p> <p><b>New Potatoes</b></p> <p><b>Garlic bread</b> Garlic bread contains: gluten, milk ***</p> <p><b>Cheese &amp; tomato pasta bake</b> Contains: gluten, milk ***</p> <p><b>Jacket potato with a choice of filling</b> ***</p> <p><b>New York Cheesecake</b> Contains: egg, milk, gluten</p>	<p><b>Pasta Bolognese</b> Contains: gluten Gluten free pasta available ***</p> <p><b>Quorn spaghetti Bolognese</b> Contains: gluten, egg ***</p> <p><b>Roast vegetable Pasta</b> Contains: gluten ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Chocolate sponge &amp; chocolate custard</b> Contains: egg, milk, gluten</p>	<p><b>Roast Turkey &amp; stuffing</b> Stuffing contains: gluten ***</p> <p><b>Maccaroni cheese</b> Contains: gluten, milk, cheese ***</p> <p><b>Roast potatoes</b></p> <p><b>Seasonal Vegetables</b> ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Rhubarb &amp; strawberry crumble with custard</b> Crumble contains: gluten Custard contains: milk</p>	<p><b>Chicken Curry</b> Trace of peanuts ***</p> <p><b>Vegetable Curry</b> Trace of peanuts ***</p> <p><b>Basmati Rice</b></p> <p><b>Naan bread</b> Naan bread contains: gluten ***</p> <p><b>Cheesy tuna pasta</b> Contains: gluten, milk, cheese, fish ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Jam sponge</b> Contains: egg, milk, gluten</p>	<p><b>Battered Fish</b> Contains: Gluten, fish Gluten free fish fingers available ***</p> <p><b>Cheese, onion &amp; potato pasty</b> Contains: gluten, milk, mustard, Soybeans ***</p> <p><b>Chips</b> ***</p> <p><b>Peas</b> ***</p> <p><b>Bake beans</b> ***</p> <p><b>Tomato &amp; basil pasta</b> Contains: gluten ***</p> <p><b>Jacket potato with a choice of filling</b> *****</p> <p><b>Ice cream</b> Contains: milk</p>

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## Week Four

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Veggie Pie</b>            Contains: Gluten, milk            ***</p> <p><b>Vegetable stir fry with Quorn nuggets</b>            Contains: gluten            ***</p> <p><b>Cheese &amp; tomato pasta bake</b>            Contains: gluten, milk            ***</p> <p><b>Jacket potato with a choice of filling</b>            *****</p> <p><b>Biscoff Cheesecake</b>            Contains: egg, milk, gluten, soybeans</p>	<p><b>Beef Lasagna</b>            Contains: gluten, milk, cheese            ***</p> <p><b>Halloumi stack</b>            Contains: milk, cheese            ***</p> <p><b>Salad</b></p> <p><b>Garlic Bread</b>            Contains: gluten, milk            ***</p> <p><b>Roast vegetable pasta</b>            Contains: gluten            ***</p> <p><b>Jacket potato with a choice of filling</b>            *****</p> <p><b>Carrot cake</b>            Contains: egg, milk, gluten</p>	<p><b>Roast Beef &amp; Yorkshire pudding</b>            Yorkshire contains: milk, gluten            ***</p> <p><b>Cauliflower cheese</b>            Contains: Gluten, milk, cheese            ***</p> <p><b>Roast potatoes</b></p> <p><b>Seasonal Vegetables</b>            ***</p> <p><b>Pesto &amp; mozzarella pasta</b>            Contains: Gluten, milk, cheese            ***</p> <p><b>Jacket potato with a choice of filling</b>            *****</p> <p><b>Black cherry &amp; pear crumble with custard</b>            Crumble contains: gluten            Custards contains: milk</p>	<p><b>Hunters Chicken</b>            Contains: milk, cheese            ***</p> <p><b>BBQ meat free sausage pasta bake</b>            Contains: gluten, milk            ***</p> <p><b>Potato wedges</b></p> <p><b>Sweetcorn</b>            ***</p> <p><b>Jacket potato with a choice of filling</b>            *****</p> <p><b>Vanilla shortbread</b>            Contains: egg, gluten, milk</p>	<p><b>Battered Fish</b>            Contains: Gluten, fish            Gluten free fish fingers available            ***</p> <p><b>Stuffed peppers</b>            Cous cous contains: gluten, may contain trace of mustard &amp; soybean            Contains: cheese, milk            ***</p> <p><b>Chips</b></p> <p><b>Peas</b></p> <p><b>Bake beans</b>            ***</p> <p><b>Tomato &amp; basil pasta</b>            Contains: gluten            ***</p> <p><b>Jacket potato with a choice of filling</b>            *****</p> <p><b>Ice cream</b>            Contains: milk</p>

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