

Dear Parents and Carers,

As usual our July newsletter is full of pictures of recent events, most notably sports day and our Year 9 pupils on their Duke of Edinburgh expedition. I hope you enjoy looking at them!

Although the sun didn't shine quite as much as we would have hoped this month, we've enjoyed a brilliant few weeks of lessons, sports fixtures and activities at HSL and we are heading into the holidays on a high. Thank you for supporting the pupils with our enrichment week. We enjoyed our trips and visits, as well as the activities based in school. A highlight for me was seeing all of our Year 9 pupils complete their Duke of Edinburgh expedition - despite some very rainy weather for Lily Brook and Chelt students - we are very proud of them for completing such a challenging and worthwhile activity.

I'd like to end the school year by thanking all our families in the HSL community for your support over this academic year. It was great to see so many of you at the recent PTFA BBQ. Because of your support, and the fantastic young people you send to us each day, it has been a very successful year at HSL, not least with our 'Outstanding' Ofsted inspection and our accreditation as the first 'Gold' Rights Respecting Secondary School in the county. To put the icing on the cake, we heard this week that we have just achieved our 'Gold' Sports mark, in recognition of the fantastic sporting opportunities available for all pupils at HSL - a notable accolade and credit to our fantastic teachers. I hope that you feel your child has had a great year at HSL and we look forward to working with you next year as they continue their journey at HSL - 'prorsum semper!'

Wishing you all a wonderful summer break.

Helen Wood





## Key Dates - September 2024

Monday 2nd September	INSET - school closed to pupils
Tuesday 3rd September	Autumn Term starts for all pupils
Friday 6th September	Early finish for pupils at 12.20pm - safeguarding INSET
Tuesday 17th September	Year 7 welcome and information talk for parents
Friday 20th September	Year 7 icebreaker disco
Thursday 26th September	HSL Open Evening - early finish for pupils at 1.20pm





# HSL SPORTS DAY

The weather managed to hold off this week and we were able to run the final event of our Sporting calendar. The display of grit, determination, athletic prowess and teamwork did not disappoint our crowd of students, staff and families, and it was wonderful to watch such tight races and records being made. It was a super afternoon where our school community could celebrate all that is great about sport, and we are very proud of every student's achievement; be it a competitor on the track, on the field events or spectating and cheering their team mates on.

Below is a breakdown of the field events totals, the track events totals, followed by all the records that were broken this year.





# HSL SPORTS DAY

## Field Events

1st Windrush  
2nd Lilley Brook  
3rd Isbourne  
4th Chelt

## Track Events

1st Lilley Brook  
2nd Windrush  
3rd Chelt  
4th Isbourne

## Overall Results

1st Lilley Brook  
2nd Windrush  
3rd Isbourne  
4th Chelt



# HSL SCHOOL RECORDS

Name	Year Group	House	Event	Record
M. Malik (G)	7	Isbourne	Shot Put	6.58m
R. Athley-Williams (B)	7	Windrush	Shot Put	8.36m
C. Balsillie (G)	7	Lilley Brook	1500m	6m03.21s
A. Jeanvoine (B)	7	Chelt	Discus	28.66m
B. Griffin (G)	7	Chelt	Discus	14.95m
E. Nevin (B)	7	Chelt	Triple Jump	7.63m
E. Walsh (G)	7	Windrush	Triple Jump	7.65m
J. Pearce (B)	7	Isbourne	Long Jump	3.81m
E. Walsh (G)	7	Windrush	Long Jump	4.00m
A. Wintle (G)	7	Chelt	Javelin	15.90m
A. Jeanvoine (B)	7	Chelt	Javelin	21.25m
D. Mason (G)	7	Isbourne	100m	14.58s
D. Mason (G)	7	Isbourne	300m	55.27s
C. Balsillie (G)	7	Lilley Brook	800m	2m52.58s
Mixed Relay Team	7	Lilley Brook	4x300m	3m43.17s



Name	Year Group	House	Event	Record
C. Kapp (G)	8	Lilley Brook	Shot Put	6.91m
J. Boyd (B)	8	Chelt	Shot Put	9.74m
I. Thompson (G)	8	Windrush	High Jump	1.35m
J. Boyd (B)	8	Chelt	Discus	22.98m
B. Thorogood (G)	8	Windrush	Discus	18.27m
F. Warwick (B)	8	Lilley Brook	Triple Jump	9.78m
G. Paine (G)	8	Windrush	Triple Jump	8.57m
F. Murphy (B)	8	Isbourne	Long Jump	4.19m
G. Paine (G)	8	Windrush	Long Jump	3.62m
B. Thorogood (G)	8	Windrush	Javelin	16.03m
T. Nock (B)	8	Windrush	Javelin	30.66m
W. Robinson (B)	8	Lilley Brook	100m	12.90s
C. Balsillie (G)	8	Lilley Brook	100m	14.93s
Mixed Relay Team	8	Chelt	4x300m	3m44.14s



Name	Year Group	House	Event	Record
H. Hartman (G)	9	Isbourne	Shot Put	7.23m
J. Rudd (B)	9	Chelt	Shot Put	10.91m
T. Watson (B)	9	Chelt	High Jump	1.58m
K. Redfearn (G)	9	Windrush	High Jump	1.25m
O. Makiri (B)	9	Isbourne	Discus	23.18m
E. Crough (G)	9	Windrush	Discus	15.58m
T. Watson (B)	9	Chelt	Triple Jump	10.40m
J. Woodcock (G)	9	Lilley Brook	Triple Jump	7.50m
Z. Litman (B)	9	Isbourne	Long Jump	4.47m
E. Underhill (G)	9	Lilley Brook	Long Jump	3.89m
Z. Litman (B)	9	Isbourne	Javelin	28.05m
J. Woodcock (G)	9	Lilley Brook	Javelin	17.45m
J. Brown (B)	9	Windrush	100m	12.25s
S. Blackshaw (G)	9	Lilley Brook	100m	14.41s
J. Brown (B)	9	Windrush	200m	27.38s
E. Underhill (G)	9	Lilley Brook	200m	31.83s
Z. Litman (B)	9	Isbourne	300m	43.64s
B. Court (G)	9	Isbourne	300m	56.92
L. Hart (B)	9	Isbourne	800m	2m18.43s
K. Lorraine (G)	9	Lilley Brook	800m	2m54.29s
L. Hart (B)	9	Isbourne	1500m	4m50.33s
K. Lorraine (G)	9	Lilley Brook	1500m	6m25.72s
Boys Relay Team	9	Chelt	4x100m	54.82s
Girls Relay Team	9	Lilley Brook	4x100m	59.98s
Mixed Relay Team	9	Isbourne	4x300m	3m17.28s













# DUKE OF EDINBURGH

Year 9 pupils recently completed their Bronze Duke of Edinburgh expedition with outstanding success. Over the course of the expedition, the students faced a mixture of rain and sunshine, which tested their endurance and adaptability. Despite the challenging weather conditions, they showed remarkable resilience and a consistently positive attitude.

The expedition required the students to navigate through various terrains, set up camp, and work together to achieve their goals. Throughout the journey, they supported one another, demonstrating excellent teamwork and problem-solving skills. Their ability to stay motivated and cheerful, even when the rain made conditions tough, was particularly commendable.

In addition to physical challenges, the pupils also had to manage their time effectively, cook their own meals, and ensure they adhered to safety protocols. The experience not only tested their outdoor skills but also fostered a strong sense of camaraderie and personal growth.

Overall, the Year 9 pupils' successful completion of the Bronze Duke of Edinburgh expedition reflects their determination, resilience, and positive mindset, making it a memorable and rewarding milestone in their school journey.









# Eco-Committee Update

This month Miss Kennedy, Mrs Agombar and the Eco-Committee have been working hard to complete the annual application to renew our Eco-Schools Green Flag Award for next academic year. Our application has now been submitted and we are waiting to hear the outcome!

As part of our Eco-Schools application our Eco-Committee members were challenged to create an Eco-Code that represents our work as an Eco-School and that will be used to inform our Eco-Work next academic year. After reviewing multiple entries we are delighted to announce that the winning Eco-Code for 2024-2025 has been designed by Delphine Jones in 8CH.



# 10 small actions you can do today



It is natural to feel worried about the climate crisis. Most young people and adults do.

One of the best things you can do to combat these feelings is take action. Focusing on small changes you can make to reduce your personal carbon footprint turns anxiety into action and can make everything seem a little more hopeful.

Below are 10 actions you can take today that will make you feel a little more positive about the future of our planet.



## **Eat more plants.**

We eat more meat than our planet can handle, and Europeans eat twice as much as the global average. Going plant-based for one day could save up to 4.3kg CO<sub>2</sub>e.



## **Connect with nature.**

Spending time outdoors is great for physical and mental wellbeing. It can help you feel less anxious and more connected with our planet. Why not use one of these great [walking trails](#) from the National Literacy Trust to inspire your next adventure?



## **Connect with others.**

There are thousands of people across the country taking action to protect our environment. Common events include beach cleans, tree planting, and litter-picks. Search for an event in your area and join in!



## **Travel sustainably.**

Scoot, cycle, or walk short journeys. This will improve your fitness; save you and your family money; and reduce your carbon footprint.



5

**Save energy at home.**

There are a variety of simple changes you can make to counter climate change at home, from switching off lights when you leave a room, to not overfilling the kettle when making a brew. Why not Google 'Energy saving tips' and create an energy-saving plan for your family?

6

**Litter-pick.**

Next time you go for a walk, grab a litter-picker and get picking! This simple action is a great way to make an immediate difference and is a perfect excuse to spend more time outdoors.

7

**Swap out a single-use plastic.**

Most plastic is made from fossil fuels and plastic pollution is a global problem. Identify plastics in your home that could easily be replaced with a more sustainable alternative. For example, swap shower gel with a bar of soap, or clingfilm with containers/reusable wax wraps.

8

**Buy something second-hand.**

Next time you need a new book, item of clothing, or anything else, check whether you can buy it second-hand. Websites like Vinted have a young person's section that sells toys, clothes, and even fancy-dress outfits. Less production means less greenhouse gases!

9

**Contact your MP.**

Many of us feel like our leaders aren't taking climate change seriously enough. An MP's role is to represent our interests and concerns to parliament. Write to your MP, share your worries and hopefully this will encourage them to champion environmental policies.

10

**Calculate your carbon footprint.**

Schools can understand their carbon footprint using our free calculator, [Count Your Carbon](#). For individuals, the WWF have a brilliant, [free carbon footprint calculator](#). Complete the questionnaire to get an understanding of your carbon footprint, then take action to bring it down.

# Ben Davis - author visit



We were thrilled to welcome Ben Davis to The High School Leckhampton, where he engaged Year 7 and 8 pupils with an inspiring talk about his journey as an author.

Ben Davis, known for his humorous and heartfelt books, shared the story of how he began his writing career. He explained that his passion for storytelling started at a young age, and despite facing numerous challenges, his determination and love for writing kept him motivated. Ben emphasized the importance of perseverance and encouraged our students to follow their dreams, no matter the obstacles.

During his visit, Ben also discussed some of his favourite books that have influenced his writing. He shared anecdotes about how these books shaped his imagination and creativity, sparking lively discussions among the students. The pupils were particularly excited to learn about the inspirations behind his popular books and characters.

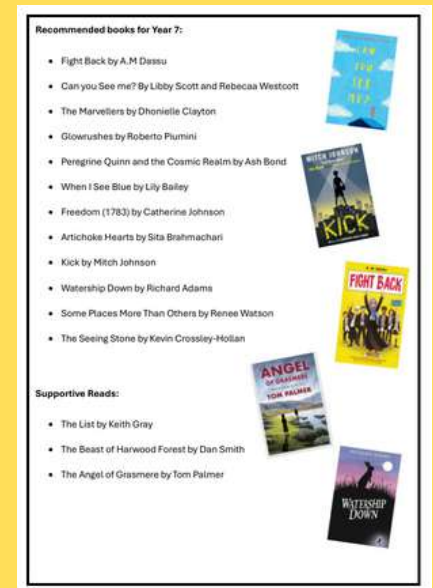
The visit was a fantastic opportunity for our students to interact with a successful author and gain insight into the world of writing. Ben's visit left a lasting impression, inspiring many budding writers at The High School Leckhampton.

# HSL Summer Reading Challenge

The High School Leckhampton recently launched the HSL Summer Reading Challenge, inviting pupils to immerse themselves in a variety of books from specially curated reading lists. To support this initiative, all pupils have been provided with a booklet containing these lists, ensuring they have easy access to a diverse selection of recommended reads.

Reading regularly is crucial for academic success and personal development. It enhances vocabulary, improves comprehension skills, and stimulates imagination. Engaging with diverse literary works also broadens perspectives, promotes empathy, and enriches cultural understanding. By participating in the Summer Reading Challenge, pupils have the opportunity to discover new interests, develop critical thinking skills, and enjoy the myriad benefits that come from regular reading.

The HSL Summer Reading Challenge aims to make reading an enjoyable and integral part of students' lives, underscoring its importance in both their educational journey and personal growth.



## Our Parent, Teacher & Friends Association (PTFA) Key Updates

### The Summer PTFA BBQ – What An Amazing Evening Had by All!

This year the sun was shining for us and what a fabulous event it was! We are delighted to share that with your help, **we have raised £1,189!** All of which will be donated back to the school and used to further our children's happiness, learning and development.

The children's stands dotted throughout the event were a huge hit and it was brilliant to see their innovative ideas come to life! As always, the music recitals led by Mr. Bunting throughout the evening were excellent, the eclectic music selection performed throughout the evening really made the event!

A massive thank you to everyone involved, from the scrummy BBQ, well stocked bar, tasty coffee stand and all of those that volunteered to help with the organization before and during the event.



### This Academic Year's Fundraising – We Have Raised £5,137

We can't quite believe that this academic year is coming to a close – it has flown by! With all the events run throughout the year we are **proud to share that we have raised £5,137** for HSL. So far, the faculty have chosen to spend the funding on the following:

- Planters for the wildlife area
- Wheel-barrows, seeds and gardening equipment for the eco-committee
- Classroom plants for every tutor group
- Resources for extra curricular clubs e.g. macrame
- Bespoke PE kits for the sports teams
- A vinyl cutter for the Design Technology department

A HUGE thank you to all volunteers and those that have helped and donated to make these purchases possible.

We are looking to expand the PTFA with the school – please do get in touch if you would like to get involved.

### Pre – Loved Uniform : Can You Help Donate?

As always, we are looking for preloved uniform to add to our stock. If you have any donations, please drop them off with reception. Our up-to-date list of available items can be found here on the school website

[The High School Leckhampton - Pre-Loved Uniform \(hsl.gloucs.sch.uk\)](https://hsl.gloucs.sch.uk).

### Upcoming PTFA Key Dates & Community Groups

- ✓ Summer Holiday Second Hand Uniform Collections / Sale 15<sup>th</sup> August – 10am -1.30pm
- ✓ Next PTFA Meeting – 5<sup>th</sup> September– 7pm- All Welcome
- ✓ Year 7 Icebreaker Disco – 20<sup>th</sup> September – 7.00pm



Join us on our Facebook group for further info and news

"The High School Leckhampton PTFA"



Join us on our Instagram group for further info and news

"highschoolleckhamptonptfa"



To get sight of the upcoming volunteering opportunities, please join us on the volunteering WhatsApp group.

Follow the QR code to the left for easy access.



The High School  
**Leckhampton**



[www.hsl.gloucs.sch.uk](http://www.hsl.gloucs.sch.uk)



01242 383351



[admin@hsl.gloucs.sch.uk](mailto:admin@hsl.gloucs.sch.uk)

