



INTERNATIONAL WOMEN'S DAY 2024

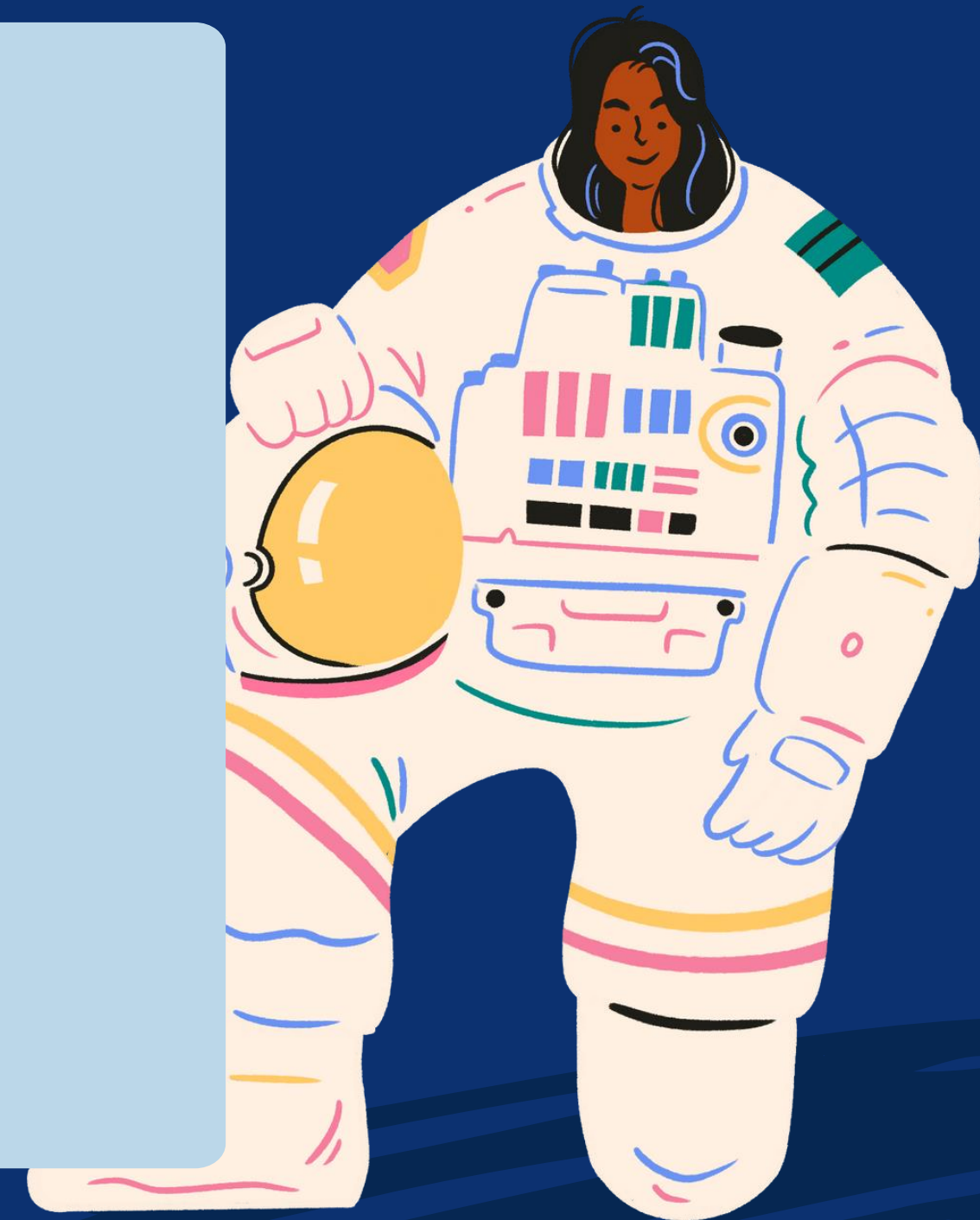
Friday 8th March 2024

The 2024 theme is:

#INSPIREINCLUSION



- Encouraging others to appreciate and value the inclusion of women helps create a more positive world.
- When women feel inspired to be included, they experience a sense of belonging, relevance and empowerment.
- Together, we can work towards creating a more inclusive world for women.



WHAT DOES INCLUSION MEAN?



Inclusion is about making sure that everyone feels valued and respected, regardless of their race, gender, age, abilities, or background.

Inclusion means creating environments where people feel they belong, can contribute, and can be themselves without fear of discrimination or exclusion.

It's about embracing diversity and recognising the unique strengths and perspectives that each person brings to the table. Ultimately, inclusion is about building a society where everyone has equal opportunities to thrive and succeed.



WHY IS INTERNATIONAL WOMEN'S DAY IMPORTANT?



International Women's Day is a chance to celebrate the progress we have made towards achieving gender equality.



Equality is still a work in progress, and International Women's Day underlines the global need for equal rights.

WHY DO WE CELEBRATE ON 8TH MARCH?



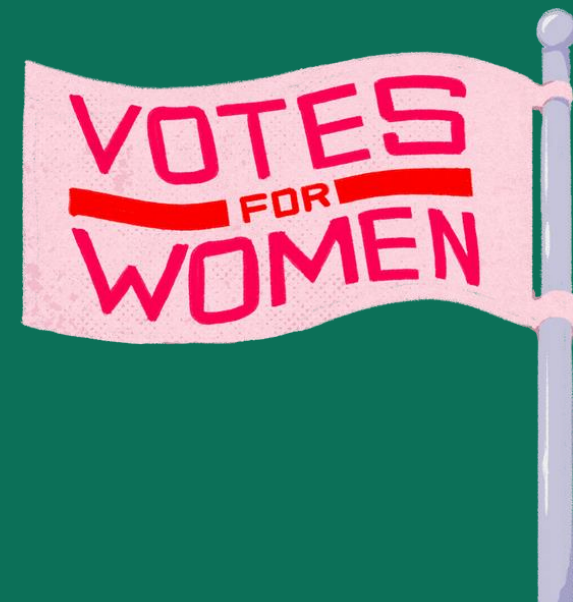
After several years of women campaigning for equal rights, it was agreed at the International Working Women Conference that there should be one day dedicated to celebrating women.

8th March was agreed as International Women's Day and it was honoured for the first time in 1911.



On 8th March, 1914, there was a women's suffrage march in London, calling for women's right to vote, at which high-profile campaigner Sylvia Pankhurst was arrested.

In 2001, the internationalwomensday.com platform was launched to reignite attention for the day, celebrate women's achievements and continue to call for gender equality.



HOW CAN YOU PRACTISE INCLUSION?



Be Kind

Treat everyone with kindness and respect regardless of differences.

Educate yourself

Read books, watch documentaries, and complete research to gain a better understanding of diversity and inclusion issues.

Celebrate Differences

Embrace the uniqueness of each individual and recognise and appreciate the contributions that people from diverse backgrounds bring to the school community.

Stand Up Against Bullying

If you witness bullying or discrimination, speak up and support classmates who may have experienced bullying by offering friendship.



INSPIRING WOMEN

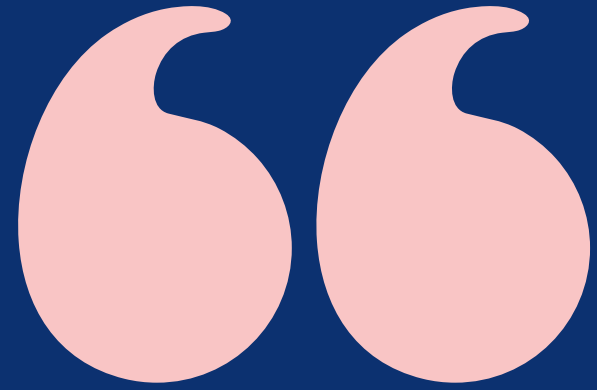


Women throughout history and in the present day have accomplished remarkable feats.

They have broken barriers, shattered stereotypes, and made significant contributions to every field imaginable. From science to art, politics to sports, women have shown time and time again that they are a force to be reckoned with. Their resilience, intelligence, and creativity have paved the way for future generations to dream big and achieve even greater heights.

As we celebrate the achievements of women past and present, let us continue to support, uplift, and empower one another to create a more inclusive world for all.





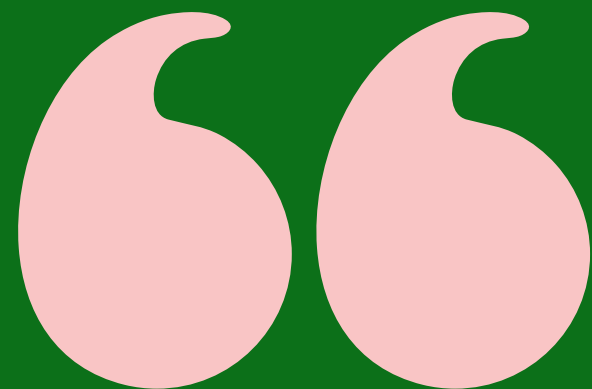
I truly believe the only way we can
create global peace is through not
only educating our minds, but our
hearts and our souls.



MALALA YOUSAFZAI



In 2012, Malala was shot in the head by the Taliban for standing up for girls' right to an education. Malala recovered from the attack and continues to fight for girls' education around the world.



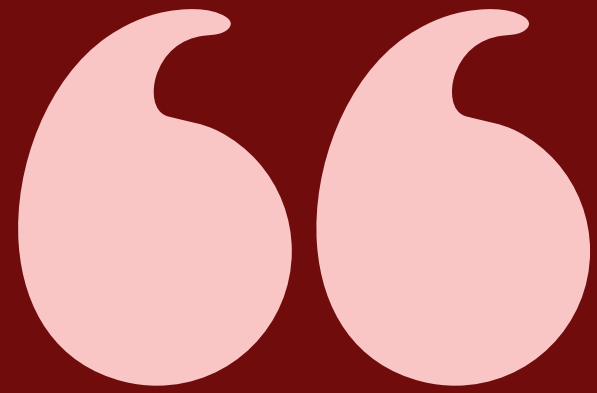
I would like to be remembered as a
person who wanted to be free...so
other people would also be free.



ROSA PARKS



Rosa was an American activist who helped initiate the Civil Rights movement after she refused to give up her seat on the bus for a white passenger. Parks continued to be active in the civil rights movement throughout her life, fighting against discrimination and injustice. She remains an enduring symbol of courage, dignity, and the power of nonviolent protest.



At the end of the day, we can endure
much more than we think we can.



FRIDA KHALO



Frida Kahlo was a Mexican artist known for her unique and vibrant paintings, as well as her iconic personal style. After a childhood illness and near-fatal accident, despite her challenges, she channeled her pain and experiences into her art, which often explored themes of identity, gender, and Mexican culture. Beyond her art, Kahlo was a feminist icon and a symbol of resilience, inspiring generations of artists and activists around the world.



“

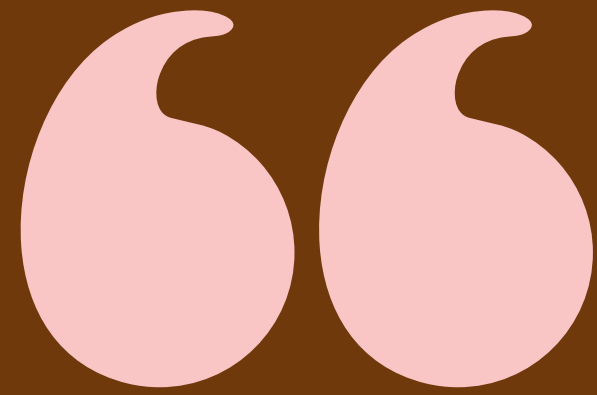
I have learned you are never too
small to make a difference.

”

GRETA THUNBERG



Greta Thunberg is a Swedish environmental activist known for her passionate advocacy for climate action. She has delivered powerful speeches at major international forums, calling out world leaders for their inaction on climate change. Thunberg continues to be a prominent voice for environmental activism, advocating for urgent and meaningful action to combat climate change and protect the planet for future generations.



Every woman's success should be an
inspiration to another. We're
strongest when we cheer each other
on



SERENA WILLIAMS



Serena Williams is a renowned professional tennis player from the United States. She has established herself as one of the greatest athletes in the history of the sport. Beyond her on-court achievements, she is admired for her resilience, determination, and pioneering efforts in women's tennis. Williams has also been a vocal advocate for gender equality and social justice issues. Her impact extends far beyond tennis, making her an influential figure in sports and beyond.



THE WORLD IS A BETTER PLACE WHEN
EVERYONE CAN HAVE THE SAME
OPPORTUNITIES

CELEBRATE INTERNATIONAL WOMEN'S DAY



Here are some activities you can do to celebrate International Women's Day 2024 and inspire inclusion

Write a poem, or short story about influential women in history.

Listen to one of the short stories that your tutor is going to be reading to you this week, all based on women over the world who have made positive change.

Educate others about issues affecting women and girls globally. Share facts, stories, and resources to promote understanding and action.

Read a book by a female author or one featuring a strong female protagonist.

Create a female superhero and draw a creative comic strip showing her powers and the difference she makes in the world.

WHO ARE THE INSPIRATIONAL WOMEN IN YOUR LIFE?

