

The High School Leckhampton

Menu Week 1

(Gluten Free in Green Vegetarian in Purple GF & Vegan in Blue)

Monday

Spicy Veggie Enchiladas
& New Potatoes
(Contains Gluten & Milk)

Three Cheese Tart with
Red Onion & Seasoned
Wedges
(Contains Gluten, Egg &
Milk)

Penne Pasta with Tomato
& Basil
(Contains Gluten)

Jacket Potato with Cheese
& Beans
(Contains Milk)

Broccoli
Mixed Salad

Apple Crumble & Custard
(Contains Gluten & Milk)

Tuesday

Ranchero Style Chili
With Basmati Rice &
Nachos
(Nachos Contain Gluten)

Red Lentil & Vegetable
Saagwala Curry & Rice

Fusilli Pasta with Garlic,
Herbs, Feta Cheese &
Black Olives
(Contains Gluten & Milk)

Jacket Potato Boat &
Beans
(Contains Milk)

Sweetcorn
Mixed Salad

Chocolate Sponge &
Chocolate Sauce
(Contains Gluten, Egg &
Milk)

Wednesday

Red Thai Chicken Curry
with Rice & Naan Bread
(Naan Contains Gluten)

Vegan Chickpea & Bean
Stew with Mash
(Contains Soya)

Pasta Arrabiata with
Bacon
(Contains Gluten)

Jacket Potato with Cheese
& Beans
(Contains Milk)

Carrots
Mixed Salad

Bread & Butter Pudding &
Custard
(Contains Gluten Egg &
Milk)

Thursday

Roast Chicken Breast,
Sage & Onion Stuffing,
Roast Potatoes & Gravy
(Stuffing Contains Gluten)

Mushroom Stroganoff,
with Rice & Peas
(Contains Gluten)

Margarita Pizza
(Contains Gluten & Milk)

Jacket Potato Boat &
Beans
(Contains Milk)

Carrots and Greens
Mixed Salad

Treacle Tart & Custard
(Contains Gluten & Milk)

Friday

Crispy Battered Cod Fillet
& Chips
(Batter Contains Gluten)

Cajun Chicken served with
Savory Rice

Macaroni Cheese
(Contains Gluten & Milk)

Garden Peas
Baked Beans

Chocolate Shortbread &
Strawberry Ice Cream
(Contains Gluten, Egg &
Milk)

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Menu Week 2

(Gluten Free in Green Vegetarian in Purple GF & Vegan in Blue)

Monday

Vegetarian Lasagne &
Garlic Bread

Baked Bean Cheese &
Onion Pie

Cheese & Tomato Pizza
(Contains Gluten & Milk)

Jacket Potato with Cheese
& Beans
(Contains Milk)

Peas & Sweetcorn
Mixed Salad

Apple & Cherry Crumble
& Custard
(Contains Gluten & Milk)

Tuesday

Cottage Pie
(Contains Dairy)

5 Bean & Vegetable Chili &
Rice

Penne Pasta with Sun
Dried Tomatoes, Fresh
Herbs & Feta Cheese
(Contains Gluten & Milk)

Jacket Potato Boat &
Beans
(Contains Milk)

Sweetcorn
Mixed Salad

Treacle Sponge Pudding
& Custard
(Contains Gluten, Egg &
Milk)

Wednesday

Chicken Tikka with Rice &
Naan Bread
(Naan Bread Contains
Gluten)

Cheese & Veg Frittata &
Bubble & Squeak
Croquette Potatoes
(Contains Gluten & Milk)

Tuna Pasta Bake
(Contains Gluten, Milk &
Fish)

Jacket Potato with Cheese
& Beans
(Contains Milk)

Mixed Vegetables
Mixed Salad

Banoffee Pie
(Contains Gluten & Milk)

Thursday

Hunters Chicken, Spicy
Wedges and Corn
(Contains Gluten & Milk)

Vegetable Caribbean Curry
with Rice

Mediterranean Pasta
(Contains Gluten)

Jacket Potato Boat &
Beans
(Contains Milk)

Broccoli
Mixed Salad

Apple Pie
& Custard
(Contains Gluten & Milk)

Friday

Crispy Battered Cod Fillet
& Chips
(Batter Contains Gluten)

Golden Vegetable Rice
Stuffed Peppers
(Contains Milk)

Veggie Burgers
(Contains Gluten & Milk)

Garden &
Baked Beans

Rice Pudding
(Contains Milk)

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Menu Week 3

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Monday

Veggie Cottage Pie
(Contains Dairy)

Red Lentil & Vegetable
Chili & Basmati Rice

Pasta with Basil & Tomato
Sauce
(Contains Gluten)

Jacket Potato with Cheese
& Beans
(Contains Milk)

Broccoli Mixed Salad

Summer Fruit Crumble &
Custard
(Contains Gluten & Milk)

Tuesday

Spaghetti Bolognese
With Garlic Bread
(Contains Gluten & Dairy)

Cheese Red Pepper &
Chive Quiche
(Contains Gluten, Egg &
Milk)

Pasta with Fresh Herbs,
Sun Dried Tomatoes &
Black Olives
(Contains Gluten)

Jacket Potato Boat &
Beans
(Contains Milk)

Sweetcorn
Mixed Salad

Chocolate & Vanilla
Sponge & Custard
(Contains Gluten, Egg &
Milk)

Wednesday

Chicken Madras with Rice
& Naan Bread (Naan
Bread Contains Gluten)

Breaded Aubergine with
Katsu Curry Sauce
(Contains Gluten, Egg &
Milk)

Margherita Pizza
(Contains Gluten & Milk)

Jacket Potato with Cheese
& Beans
(Contains Milk)

Peas
Mixed Salad

Lemon Drizzle Cake &
Custard
(Contains Gluten, Egg &
Milk)

Thursday

Roast Beef with Yorkshire,
Roast Potatoes & Gravy
(Yorkshire Contains
Gluten, Milk & Egg)

Cauliflower Cheese
(Contains Gluten, Egg &
Milk)

Pasta Arrabiata with
Bacon
(Contains Gluten)

Jacket Potato Boat &
Beans
(Contains Milk)

Carrots & Cabbage
Mixed Salad

Apple Strudel
& Ice Cream
(Contains Gluten, Egg &
Milk)

Friday

Crispy Battered Cod Fillet
& Chips
(Batter Contains Gluten)

Chicken Burger & Chips
(Contains Gluten)

Cheese and Pineapple
Pizza
(Contains Gluten & Milk)

Baked Beans
Garden Peas

Gingerbread & Ice Cream
(Contains Gluten, Egg &
Milk)

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Menu Week 4

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Monday

Veggie Bangers & Mashed Potato
(Contains Gluten & Milk)

Squash & Veggie Curry & Rice

Mediterranean Pizza
(Contains Gluten & Milk)

Jacket Potato with Cheese & Beans
(Contains Milk)

Peas
Mixed salad

Rhubarb & Apple Crumble & Custard
(Contains Gluten & Milk)

Tuesday

Beef Lasagna & Garlic Bread
(Contains Gluten & Milk)

Wraps with Salmon Fingers & Stir-Fried Vegetables
(Contains Fish & Gluten)

Loaded Fries with bacon

Jacket Potato Boat & beans
(Contains Milk)

Mixed salad

Coconut & Lemon Sponge & Custard
(Contains Gluten, Egg & Milk)

Wednesday

Sweet & Sour Chicken with Egg Fried Rice
(Contains eggs & Soya)

Vegan Shepherd's Pie

Roasted Vegetable & Tomato Pasta Bake
(Contains Gluten & Milk)

Jacket Potato with Cheese & Beans
(Contains Milk)

Sweetcorn
Mixed Salad

Red Cherry Cheesecake
(Contains Gluten, Egg & Milk)

Thursday

Roast Loin of Pork with Stuffing, Roast Potatoes and Gravy
(Stuffing Contains Gluten)

Vegetable Fajitas
(Contains Gluten)

Penne Pasta with Tomato & Basil
(Contains Gluten)

Jacket Potato Boat & Beans
(Contains Milk)

Carrots & Green Beans
Mixed Salad

Pineapple Sponge & Custard
(Contains Gluten & Milk)

Friday

Crispy Battered Cod Fillet & Chips
(Batter Contains Gluten)

Minced Beef & Onion Pie & Chips
(Contains Gluten)

Pasta Carbonara
(Contains Gluten & Milk)

Garden Peas
Baked Beans

Lemon Shortbread Custard
(Contains Gluten, Egg & Milk)